

# Activity-in-a-box

## Circus skills

### What's included?

- 2 Diablos
- 4 Spinning plates and sticks
- 15 Juggling scarves
- 9 Juggling balls
- 7 Bucket stilts (pairs)
- 2 Poi
- 1 Pedal board
- 2 Pogo bouncers
- 1 Pogo ball
- 1 Unicycle
- 1 Miniature bicycle

### Indoor or outdoor?

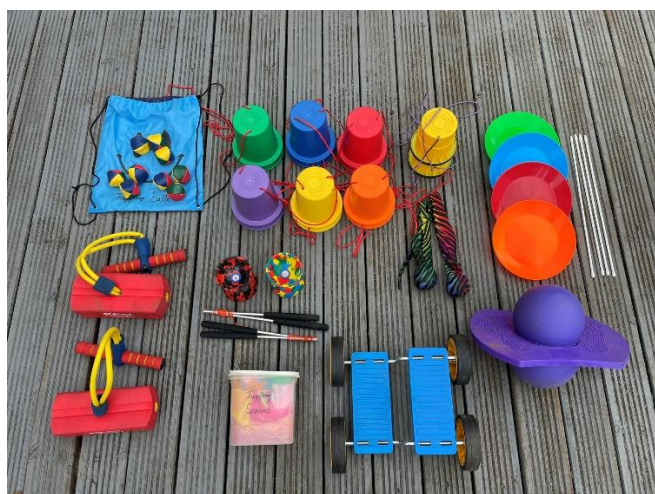
Can be used indoors or outdoors.

### Instructions for set-up

- Everything is ready to use out of the box.
- If you're using the equipment outdoors, have a defined area for this.

### Suggested rules (adapt as needed for your group)

1. Always follow the instructions of the adult in charge.
2. Do not touch any equipment until told you may do so.
3. Make sure that you use the unicycle and the bike away from other people.
4. No running within the circus skills area.
5. Don't leave equipment lying around in the middle of the floor.



*This is a generic assessment provided only to assist with planning and preparation. Please ensure you complete your own assessment, tailored to your own group.*

<b>Risk Assessment prepared by</b>		<b>Date of assessment</b>	
<b>Leader in charge</b>		<b>Nominated first aider</b>	
<b>Location</b>	24 <sup>th</sup> Abingdon (Dry Sandford) Scout Group, Lashford Lane, Dry Sandford, Abingdon OX13 6DY		

<b>Risk and hazards</b>	<b>People at risk</b>	<b>How is risk controlled?</b>	<b>People responsible for controls</b>
Getting hit by equipment, causing bruising, abrasions or eye injuries	All participants	<ul style="list-style-type: none"> <li>• Demonstrate the equipment and the space required</li> <li>• Participants to stand well apart from each other</li> <li>• No running within the circus skills area</li> <li>• Remind participants to pay attention others around them</li> </ul>	
Falling off stilts, pogo bouncers, pedal board or cycles, causing bruising, abrasions or other injuries	All participants	<ul style="list-style-type: none"> <li>• Demonstrate correct use of the equipment</li> <li>• Ensure that support is provided to beginners</li> </ul>	
Collisions during the activity, with other people or with cycles	All participants	<ul style="list-style-type: none"> <li>• Ensure participants keep well apart, and away from those using balancing equipment</li> <li>• No running within the circus skills area</li> </ul>	
Tripping over equipment, causing bruising, abrasions or other injuries	All participants	<ul style="list-style-type: none"> <li>• Clear up equipment when not in use</li> <li>• Ask participants not to leave things lying around</li> </ul>	
Misuse of equipment, causing bruising, abrasions or eye injuries	All participants	<ul style="list-style-type: none"> <li>• Check all equipment before use</li> </ul>	
Misuse of equipment, causing bruising, abrasions or eye injuries	Young people	<ul style="list-style-type: none"> <li>• Demonstrate correct use of the equipment</li> <li>• Provide adult supervision throughout the activity</li> </ul>	